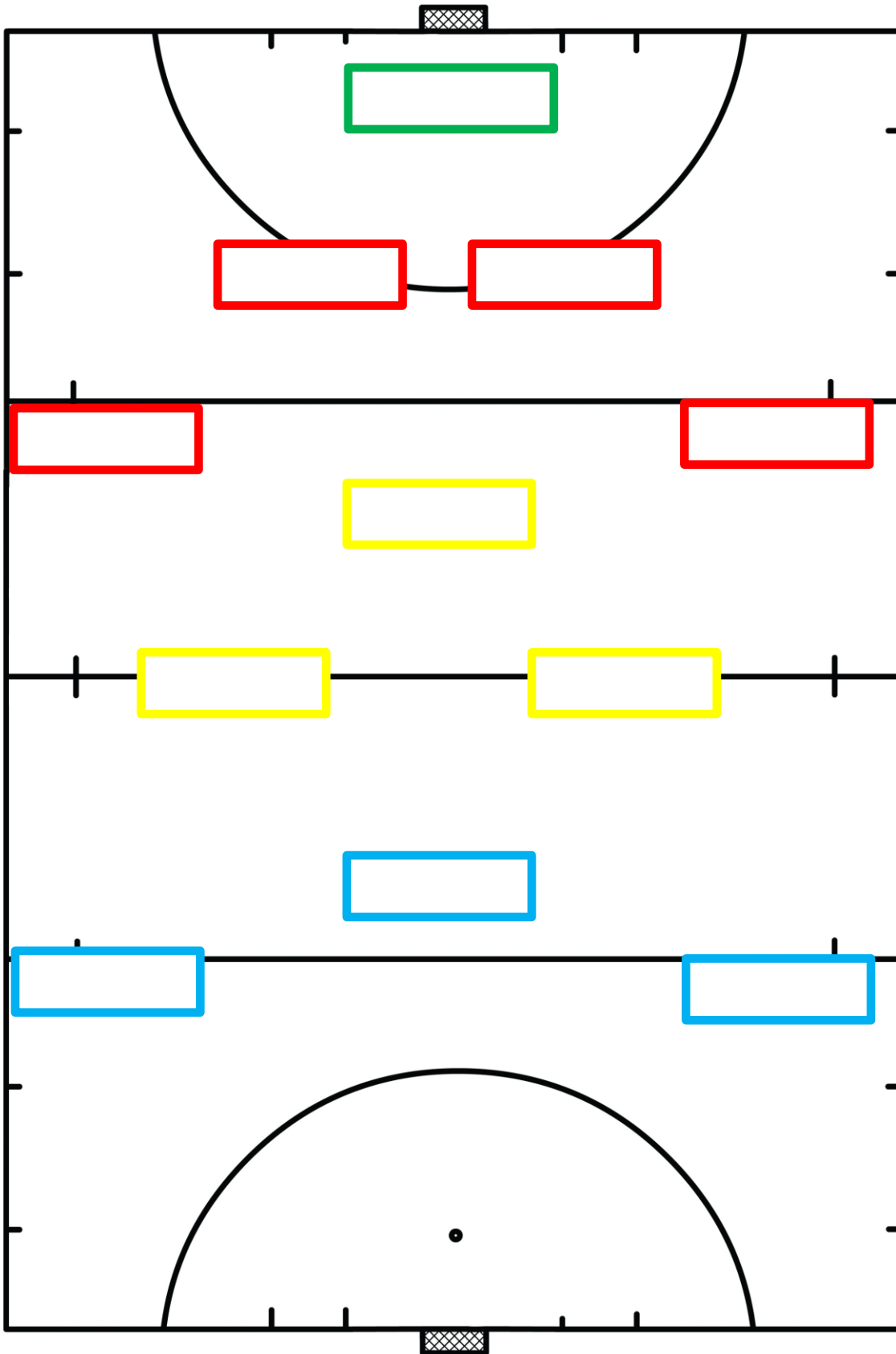


Suburban Lions Rotations - 14 players



MINUTE ROTATIONS



MINUTE ROTATIONS



MINUTE ROTATIONS



Minutes & Rotation Calculation

Red- Game Time Divided by 5 (1 rotation) or 10 (2 rotations)

Yellow- Game Time Divided by 4 (1 rotation) or 8 (2 rotations)

Blue- Game Time Divided by 4 (1 rotation) or 8 (2 rotations)